

ORGANIC MICRODRIED® ARONIA
Whole Low Moisture



Analysis Name	Results	Units (per 100g)
Calories	378	Cal
Carbohydrates	87.06	g
Total Sugars	27.10	g
Fructose	13.95	g
Glucose	13.15	g
Lactose	< 0.25	g
Maltose	< 0.25	g
Sucrose	< 0.25	g
Added Sugar	0	g
Total Fat	1.46	g
Trans Fat	< 0.01	g
Saturated Fat	0.22	g
Monounsaturated Fat	0.18	g
cis-cis Polyunsaturated Fat	0.99	g
Cholesterol	< 1	mg
Total Dietary Fiber	24.2	g
Protein	3.63	g
Vitamin A (Beta Carotene)	35,100	IU
Vitamin C	< 0.5	mg
Calcium	91	mg
Iron	4.4	mg

Analysis Name	Results	Units (per 100g)
Sodium	6.93	mg
Ash	2.51	g
Magnesium	21	mg
Phosphorus	28	mg
Copper	0.27	mg
Manganese	0.31	mg
Polyphenols	7,047	ppm
Potassium	813.75	mg
Vitamin B1, Thiamin	0.0900	mg
Vitamin B2, Riboflavin	0.140	mg
Vitamin B3, Niacin	2.57	mg
Vitamin B5, Pantothenic Acid	2.57	mg
Vitamin B6	0.157	mg
Vitamin B9, Folic Acid	21.82	ug
Vitamin B12	0.24	ug
Vitamin D	1.0	mcg
Vitamin E	3.58	IU
Vitamin K	21.04	ug
Zinc	5.5	mg

Data obtained from multiple sources including testing and literature. Data is not lot specific and should not be considered a specification.

Milne MicroDried®

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