

ORGANIC MICRODRIED® GOLDENBERRY
Whole



Analysis Name	Results	Units (per 100g)
Calories	341.57	Cal
Calories from Fat	7.65	Cal
Carbohydrates	75.12	g
Total Sugars	39.68	g
Fructose	9.15	g
Dextrose	8.92	g
Lactose	< 0.10	g
Maltose	< 0.10	g
Sucrose	21.61	g
Added Sugar	0	g
Total Fat	0.85	g
Trans Fat	< 0.01	g
Saturated Fat	0.30	g
Monounsaturated Fat	0.17	g
cis-cis Polyunsaturated Fat	0.34	g
Cholesterol	< 1	mg
Total Dietary Fiber	24.10	g
Protein	8.36	g
Vitamin A (Beta Carotene)	4020	IU
Vitamin C	< 1.0	mg
Vitamin D	< 1.0	mcg
Calcium	40.024	mg
Iron	3.541	mg
Sodium	13.104	mg
Potassium	1721.29	mg
Ash	6.25	mg

*Data obtained from multiple sources including testing and literature.
Data is not lot specific and should not be considered a specification.*

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