

ORGANIC MICRODRIED® MANGO
Cube High Moisture



Analysis Name	Results	Units (per 100g)
Calories	384	Cal
Carbohydrates	91.75	g
Total Sugars	47.42	g
Fructose	9.62	g
Glucose	37.80	g
Lactose	< 0.25	g
Maltose	< 0.25	g
Sucrose	< 0.25	g
Added Sugar	0	g
Total Fat	0.71	g
Trans Fat	< 0.01	g
Saturated Fat	0.18	g
Monounsaturated Fat	0.19	g
cis-cis Polyunsaturated Fat	0.30	g
Cholesterol	< 1	mg
Total Dietary Fiber	24.5	g
Protein	2.65	g
Vitamin A (Beta Carotene)	711	IU
Vitamin C	16.75	mg
Vitamin D	1.0	mcg
Calcium	25.5	mg
Iron	0.83	mg
Sodium	19.5	mg
Potassium	1008.00	mg
Ash	1.70	mg

*Data obtained from multiple sources including testing and literature.
 Data is not lot specific and should not be considered a specification.*

Milne MicroDried®

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