

ORGANIC MICRODRIED® PINEAPPLE
Tidbits Intermediate Moisture



Analysis Name	Results	Units (per 100g)
Calories	364	Cal
Carbohydrates	89.64	g
Total Sugars	63.63	g
Fructose	13.18	g
Glucose	13.74	g
Lactose	< 0.50	g
Maltose	< 0.50	g
Sucrose	36.71	g
Added Sugar	0	g
Total Fat	0.46	g
Trans Fat	< 0.01	g
Saturated Fat	0.10	g
Monounsaturated Fat	0.14	g
cis-cis Polyunsaturated Fat	0.20	g
Cholesterol	< 1	mg
Total Dietary Fiber	6.9	g
Protein	3.06	g
Vitamin A (Beta Carotene)	< 50	IU
Vitamin C	114.44	mg
Vitamin D	1.0	mcg
Calcium	107	mg
Iron	0.87	mg
Sodium	1.17	mg
Potassium	735.75	mg
Ash	1.90	mg

*Data obtained from multiple sources including testing and literature.
 Data is not lot specific and should not be considered a specification.*

Milne MicroDried®

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