

ORGANIC MICRODRIED® RED RASPBERRY
Whole



Analysis Name	Results	Units (per 100g)
Calories	371.59	Cal
Carbohydrates	82.31	g
Total Sugars	39.14	g
Fructose	17.49	g
Dextrose	13.37	g
Lactose	< 0.10	g
Maltose	< 0.10	g
Added Sugar	0	g
Cholesterol	< 1	mg
Total Fat	1.55	g
Saturated Fat	0.37	g
Monounsaturated Fat	0.33	g
Total Dietary Fiber	9.99	g
Protein	7.10	g
Vitamin A (Beta Carotene)	< 45	IU
Vitamin C	181	mg
Calcium	142.12	mg
Vitamin D	< 1	mcg
Iron	4.71	mg
Sodium	16.13	mg
Potassium ICP (ppm)	936.96	mg
Ash	2.77	g

*Data obtained from multiple sources including testing and literature.
Data is not lot specific and should not be considered a specification.*