

**MICRODRIED® SWEET POTATO
Cubes**



Analysis Name	Results	Units (per 100g)
Calories	370	Cal
Carbohydrates	82.11	g
Total Sugars	46.23	g
Sucrose	20.61	g
Glucose	3.58	g
Fructose	2.88	g
Lactose	< 0.25	g
Maltose	19.16	g
Added Sugar	0	g
Total Fat	0.87	g
Saturated Fat	0.36	g
Monounsaturated Fat	0.01	g
cis-cis Polyunsaturated Fat	0.46	g
Total Dietary Fiber	16.3	g
Protein	8.38	g
Vitamin A (Beta Carotene)	7,157	IU
Vitamin C	2.48	mg
Calcium	185	mg
Iron	2.77	mg
Sodium	117	mg
Potassium	1272.58	mg
Ash	3.77	g

*Data obtained from multiple sources including testing and literature.
Data is not lot specific and should not be considered a specification.*

Milne MicroDried®

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