

ORGANIC MICRODRIED® TART CHERRY
Fragments with Fines



Analysis Name	Results	Units (per 100g)
Calories	362	Cal
Carbohydrates	80.96	g
Total Sugars	46.37	g
Fructose	17.93	g
Glucose	28.44	g
Lactose	< 0.25	g
Maltose	< 0.25	g
Sucrose	< 0.25	g
Added Sugar	0	g
Total Fat	0.60	g
Trans Fat	< 0.01	g
Saturated Fat	0.13	g
Monounsaturated Fat	0.19	g
cis-cis Polyunsaturated Fat	0.25	g
Cholesterol	< 1	mg
Total Dietary Fiber	10.3	g
Protein	8.17	g
Vitamin A (Beta Carotene)	4524	IU
Vitamin C	< 0.05	mg
Vitamin D	1.0	mcg
Calcium	257	mg
Iron	3.39	mg
Sodium	2.87	mg
Potassium	649.09	mg
Ash	2.66	mg

*Data obtained from multiple sources including testing and literature.
Data is not lot specific and should not be considered a specification.*

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