

**MICRODRIED® WHITE POTATO
Cubes**



Analysis Name	Results	Units (per 100g)
Calories	345	Cal
Carbohydrates	79.4	g
Total Sugars	6.60	g
Dextrose	3.5	g
Fructose	1.7	g
Lactose	< 0.25	g
Maltose	< 0.25	g
Added Sugar	0	g
Total Fat	0.50	g
Saturated Fat	0.13	g
Monounsaturated Fat	0.01	g
cis-cis Polyunsaturated Fat	0.22	g
Total Dietary Fiber	19.2	g
Cholesterol	0	mg
Protein	8.4	g
Vitamin A (Beta Carotene)	40	IU
Vitamin C	45.5	mg
Vitamin D	0	mcg
Calcium	45	mg
Iron	2.6	mg
Sodium	80	mg
Potassium	2035	mg
Ash	4.7	g

*Data obtained from multiple sources including testing and literature.
Data is not lot specific and should not be considered a specification.*

Milne MicroDried®

8100 E Executive Drive • Nampa, ID 83687 USA
tel: 208.461.5100 • fax: 208.461.5110 • sales@milnemicrodried.com

milnemicrodried.com

Updated 10.16.18