

MICRODRIED® WILD BLUEBERRY
Whole High Moisture



Analysis Name	Results	Units (per 100g)
Calories	382	Cal
Carbohydrates	87.53	g
Total Sugars	60.30	g
Fructose	31.46	g
Glucose	28.84	g
Maltose	0.25	g
Sucrose	0.25	g
Added Sugar	0	g
Total Fat	1.72	g
Saturated Fat	0.27	g
Monounsaturated Fat	0.32	g
cis-cis Polyunsaturated Fat	1.04	g
Cholesterol	< 1	mg
Total Dietary Fiber	17.4	g
Protein	4.05	g
Vitamin A (Beta Carotene)	960	IU
Vitamin C	< 0.5	mg
Vitamin D	< 1	mcg
Calcium	63.0	mg
Iron	4.7	mg
Sodium	5.8	mg
Potassium	707.74	mg
Ash	1.69	g

*Data obtained from multiple sources including testing and literature.
 Data is not lot specific and should not be considered a specification.*